



**School Information:** May 19<sup>th</sup>- Early Out Last Day of School



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Popcorn Chicken **1**  
Corn  
Apple Slices  
Milk

Cheeseburger **2**  
Curly Fries  
Applesauce  
Milk

Corn Dog **3**  
Cauliflower  
Fruit  
Milk

Tenderloin **4**  
Green Beans  
Pears  
Milk

Pizza **5**  
Fruit Cup  
Baby Carrots  
Milk

Burrito **8**  
Mixed Veggies  
Pineapple  
Milk

Chicken Nuggets **9**  
Oven Fries  
Peaches  
Milk

Pulled Pork **10**  
Green Beans  
Pears  
Milk

Beef & Noodles **11**  
Mashed Potatoes  
Mandarin Oranges  
Milk

Hot Dogs **12**  
Baked Lays  
Broccoli  
Tropical Fruit  
Milk

Chicken Patty **15**  
Corn  
Fruit  
Milk

Cooks Choice **16**  
Veggie  
Fruit  
Milk

BBQ Hamburgers **17**  
Chips  
Baked Beans  
Apple  
Milk

Cooks Choice **18**  
Veggie  
Fruit  
Milk

Chicken Filet **19**  
Curly fries  
Fruit  
Milk

**22**

**23**

**24**

**24**

**26**

**29**

**30**

**31**

